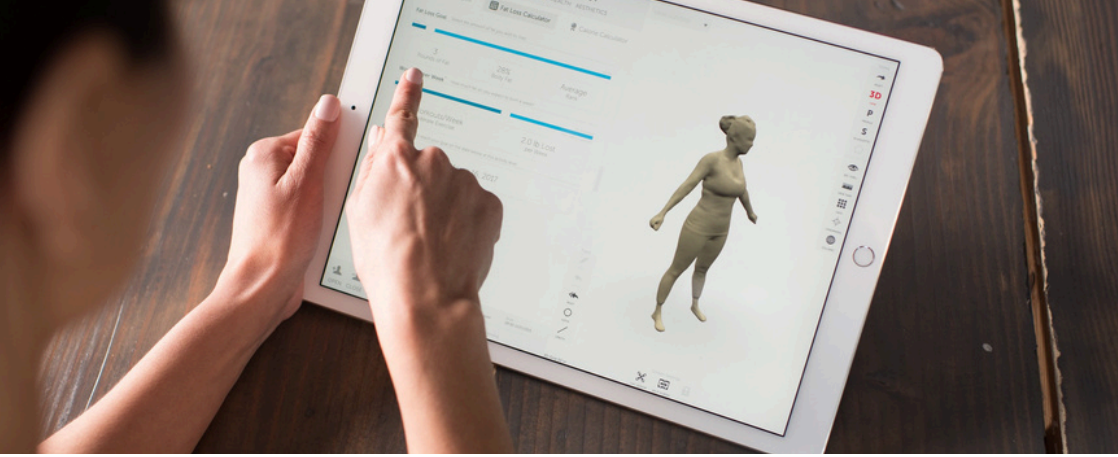

3D Body Scanning

Too much fat around your midsection and vital organs increases your risk for heart disease, even if your body mass index falls within what is considered a healthy range. Conversely, some people whose BMI classifies them as obese, but who have low levels of abdominal fat, are at lower risk for heart problems. How do you know? For the first time, in work time, you are offered a 3D Body Scan.

A 3D body scan is a modern and precise way to measure body fat and track changes in your body composition. 3D body scanners use advanced imaging technology and depth sensors to create a detailed 3D model of your body to provide accurate measurements of body fat, lean mass, and other body metrics.

Accuracy: Provides a comprehensive view of your body composition, including areas where fat is stored.
Visualisation: Allows you to see a visual representation of your body, making it easier to track changes over time.
Motivation: Seeing a 3D model of your progress can be more motivating than just looking at numbers on a scale.

Safe for all.

healthoutfit