

# Musculoskeletal Disorders (MSD) Prevention

## About this event

Join Matthew Barks – our chiropractor with extensive experience in managing musculoskeletal disorders. In this 30-minute webinar Matthew will share strategies to self-manage back problems and give postural advice. After the presentation, Matthew will stay online to answer your questions.

Whenever and where ever joint pain strikes, you need a strategy to deal with it. Matthew Barks will help you.

Wed, 7 September 2022 | 12:15 – 12:50 BST

[Book your seat today](#)

