



healthoutfit

Hearty tips to stay healthy

About this event

For information to identify your risk factors and what you can do to reduce your risk. Join us for some straight talking with science based facts and introducing the ultimate cholesterol lowering plan. Maria will be answering your questions too!

Join the Healthoutfit Dietitian, Maria Dow, to get the facts!

Wed, 14 September 2022 | 12:15 – 12:50 BST

[Book your seat today.](#)

