



Wellbeing walks

Wear comfortable shoes and maybe a raincoat...

Time: 12h00-12.45pm

Venue: Meet at Reception (*not weather dependant!*)

May Dates	June Dates
Tuesday-7 May <i>Starting</i>	Monday-3 June
Monday-13 May	Monday-10 June
Monday-20 May	Monday-17 June
Monday-27 May	

healthoutfit